

A large, curved, blue-tinted image of a school of fish swimming underwater, serving as a background for the central text.

SUSTAINABILITY INNOVATION EFFICIENCY

**YOUR PARTNER
with the best solution**

cofisa.pt





A Portuguese company with the expertise in canning industry

1994

Freitasmar Produtos Alimentares, SA.
was founded.

2004

The group buys COFISA in Figueira da Foz and starts to
produce Canned fish.

2013

An investment into a new plant located in Olhão, South of
Portugal, specialized in premium products and glass jars.

2019

COFISA becomes a partner of MACALUSO Italy and
reinforces the position in the Italian marketshare.

2022

A new plant in Azores Island totally dedicated to the
production of Pole & Line Tuna products.

OUR BRANDS AND PRIVATE LABEL

We produce and bring to the market products under our brands
Vasco da Gama and Cofisa.

We also develop private label projects to the largest retail chains
worldwide.

As an alternative to the “tradicional” fish canned products we also
have a range of salads and other products ready-to-eat in order
to fulfill the convenience and quality of the consumer trends.

With a sustained growth the Group owns 2 plants.

Figueira da Foz and Olhão with a total capacity of:

7000
tons

canned fish / year

125
million

cans / year

WE PRODUCE CANNED FISH PRODUCTS, OFFERING A LARGE PORTFOLIO OF:



Tuna



**Sardines and
Small Sardines**



Mackerel



**Octopus, Squid
and Mussels**



**Ready-to-Eat
Meals**



**Food
Service**

DIFFERENT FORMATS/WEIGHTS



metal cans



glass jars



pouches

SUSTAINABILITY

COFISA is driven by Sustainability and Protection of the Oceans and the Species producing a range of certified products.



MSC



**FAD
Free**



**Dolphin
Safe**



**Friend
of Sea**



Pole & Line

CERTIFICATIONS

All the process aligned with the requirements of the market and consumers.





TUNA

ATUM

Tuna is an important food ingredient with a high nutritional value, low in fat, rich in proteins and vitamins A, B and Omega 3.

Versatility and convenience in a high quality product and with an important contribution for a balanced diet.



Tuna in olive oil
Atum posta em azeite



Tuna in brine
Atum posta ao natural



Tuna in vegetable oil
Atum posta em óleo vegetal



Tuna fillets in olive oil
Filetes de atum em azeite



Tuna fillets in brine
Filetes de atum ao natural



Tuna fillets in olive oil
Filetes de atum em azeite



	CAN							GLASS			POUCH
	80g	3x80g	120g	2x120g	160g	2x160g	385g	190g	250g	300g	172g
Tuna in olive oil	•	•	•	•	•	•	•				
Tuna in brine	•	•	•	•	•	•	•				
Tuna in vegetable oil	•	•	•	•	•	•	•				•
Tuna in tomato sauce	•	•	•	•	•	•	•				
Tuna fillets in olive oil			•	•				•	•	•	
Tuna fillets in brine			•	•				•	•	•	



SARDINES AND SMALL SARDINES

SARDINHAS E PETINGAS

With origin in the Atlantic Ocean the Sardines form large shoals on the Portuguese coast. A very tasty product and an important natural source of Omega 3, complete Proteins of high biological value, Iron, Phosphorus, Magnesium, Potassium, Vitamins A,B,D and E.



Sardines in olive oil
Sardinhas em azeite



Sardines in vegetable oil
Sardinhas em óleo vegetal



Sardines in spicy vegetable oil
Sardinhas em óleo vegetal com piri-iri



Sardines in tomato sauce
Sardinhas em tomate



Sardines in spicy tomato sauce
Sardinhas em tomate picante



Sardines in vinegar sauce
Sardinhas em escabeche



Sardines in ravigote sauce
Sardinhas em caldeirada



Small sardines in vegetable oil
Sardinhas pequenas em óleo vegetal



Small sardines in spicy vegetable oil
Sardinhas pequenas em óleo vegetal com piri-piri



Small sardines in tomato sauce
Sardinhas pequenas em tomate



Small sardines in spicy tomato sauce
Sardinhas pequenas em tomate picante

	CAN		
	90g	120g	2x120g
Sardines in olive oil		•	•
Sardines in vegetable oil		•	•
Sardines in spicy vegetable oil		•	•
Sardines in tomato sauce		•	•
Sardines in spicy tomato sauce		•	•
Sardines in vinegar sauce		•	•
Sardines in ravigote sauce		•	•
Small sardines in vegetable oil	•		
Small sardines in spicy vegetable oil	•		
Small sardines in tomato sauce	•		
Small sardines in spicy tomato sauce	•		



MACKEREL

CAVALA

Mackerel is a nutritious fish, rich in Omega 3, fatty acids, which help to prevent cardiovascular diseases and improves cognitive function.

Mackerel fillets in olive oil and vegetable oil are a highly appreciated delicacy.



Mackerel fillets in olive oil
Filetes de cavala em azeite



Small Mackerel in vegetable oil
Cavalinhas em óleo vegetal



Small Mackerel in tomato sauce
Cavalinhas em molho de tomate



Mackerel fillets in olive oil
Filetes de cavala em azeite



Mackerel fillets in vegetable oil
Filetes de cavala em óleo vegetal

	CAN		GLASS		
	120g	2x120g	190g	250g	300g
Mackerel fillets in olive oil	•	•	•	•	•
Mackerel fillets in vegetable oil	•	•			
Small mackerel in vegetable oil	•	•			
Small mackerel in tomato sauce	•	•			



OCTOPUS, SQUID AND MUSSELS

POLVO, LULAS E MEXILHÕES

Specialties with unique recipes for a convenient and tasty snack moment.



120g

**Octopus and squid
in olive oil**
Polvo e pota em azeite



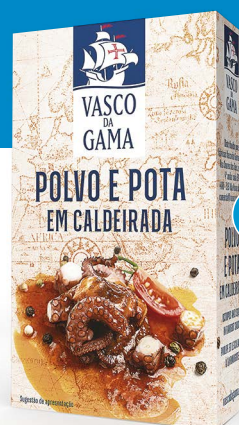
120g

**Octopus and squid
in vegetable oil**
Polvo e pota em óleo vegetal



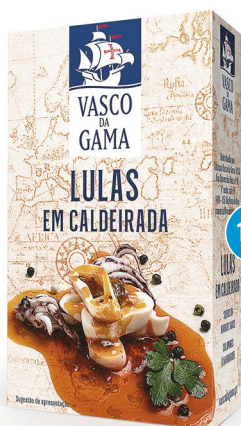
120g

**Octopus and squid
in garlic sauce**
Polvo e pota em alho



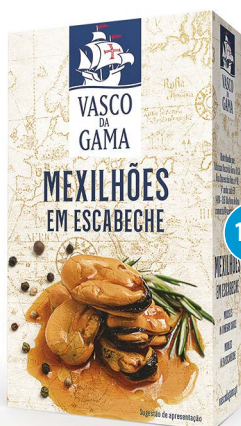
120g

**Octopus and squid
in ravigote sauce**
Polvo e pota em caldeirada



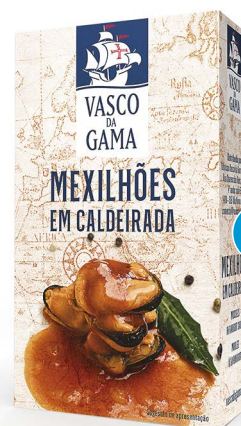
120g

Squid in ravigote sauce
Lulas em caldeirada



120g

Mussels in vinegar sauce
Mexilhões em escabeche



120g

Mussels in ravigote sauce
Mexilhões em caldeirada

CAN

	80g	120g	2x120g
Octopus and squid in olive oil	•	•	•
Octopus and squid in vegetable oil	•	•	•
Octopus and squid in garlic sauce	•	•	•
Octopus and squid in ravigote sauce	•	•	•
Squid in ravigote sauce		•	•
Mussels in vinegar sauce		•	•
Mussels in ravigote sauce		•	•



READY TO EAT

PRONTO A COMER

A range of Salads and Tuna per Pasta with all the convenience and flavor.



Mediterranean tuna salad
Salada de atum Mediterrânea



Mexican tuna salad
Salada de atum Mexicana



Californian tuna salad
Salada de atum Califórnia



Tuna per pasta All'Italia
Atum para massas All'Italia



Tuna per pasta Arrabbiata
Atum para massas Arrabbiata



Tuna per pasta Pomodori
Atum para massas Pomodori



Tuna with black-eyed pea
Atum com feijão frade



Codfish in olive oil and garlic
Bacalhau em azeite e alho



Codfish with chickpea
Bacalhau com grão

CAN

	120g	160g
Mediterranean tuna salad		•
Mexican tuna salad		•
Californian tuna salad		•
Tuna per pasta all'italia		•
Tuna per pasta arrabbiata		•
Tuna per pasta pomodori		•
Tuna with black-eyed pea	•	
Codfish in olive oil and garlic	•	
Codfish with chickpea	•	



FOOD SERVICE

HORECA

A range of Tuna in big formats to the Food Service channel.



Tuna in olive oil
Atum posta em azeite



Tuna in brine
Atum posta ao natural



Tuna in vegetable oil
Atum posta em óleo vegetal



Tuna in brine
Atum ao natural



Tuna in vegetable oil
Atum em óleo vegetal



Tuna in vegetable oil
Atum posta em óleo vegetal

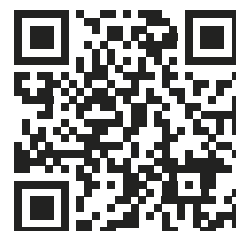
	CAN				POUCH
	785g	1000g	1730g	2450g	1000g
Tuna in olive oil	•	•	•		•
Tuna in brine	•	•	•		•
Tuna in vegetable oil	•	•	•		•
Mackerel fillets in olive oil				•	

Our Brands



Worldwide Operation

digital version



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